



## News & Views

A bi-weekly section where readers will be informed on subjects of seasonal interest, upcoming events and other timely topics.



### SUMMER SAFETY TIPS:

#### Grilling Safety:

- The grill should be placed well away from the house and deck railings, and out from under eaves and overhanging branches.
- Keep children and pets at least three feet away from the grill area.
- Keep your grill clean by removing grease or fat buildup from the grill's surface and in trays below the grill.
- Gas Grills: Always make sure your gas grill lid is open before lighting it.
- Charcoal Grills: When you are finished grilling, let the coals completely cool before disposing in a metal container.
- Never leave your grill unattended.

#### Beach Safety:



- Learn to swim and know your swimming ability.
- Swim near a lifeguard.
- Keep children within arm's length.
- Obey posted signs.
- Pay attention to buoys and swim within them.
- Stay out of water during thunderstorms.
- Do not rely on swimming aids.
- Do not swim immediately after a meal.
- Alcohol and swimming do not mix.
- Enter water feet first. Diving can be dangerous

especially if you don't know your surroundings.

- Do not swim in the dark.
- Use sunscreen and drink plenty of water.
- Take frequent breaks – every hour take a sun, water or bathroom break.
- Keep the beach and water clean.



#### Thunderstorm Safety:

- Use a battery-operated NOAA Weather Radio for updates from local officials.
- Stay away from windows and doors, and stay off porches.
- Avoid contact with electrical equipment or cords. Unplug appliances and other electrical items.
- Avoid contact with plumbing. Do not wash hands, take a shower, wash dishes, or do laundry. Plumbing and bathroom fixtures can conduct electricity.
- Do not lie on concrete floors and do not lean against concrete walls.
- Avoid natural lightning rods such as tall isolated trees in an open area.
- Avoid hilltops, open fields, the beach or a boat on the water.
- Take shelter in a sturdy building. Avoid isolated sheds or other small structures in open areas.
- Avoid contact with anything metal.

